## NSA MENU WEEK OF OCTOBER 27<sup>TH</sup> THROUGH 31<sup>ST</sup>

	Monday Tuesday Wednesday Thursday Friday				
	27 OCT.	28 OCT.	29 OCT.	30 OCT.	31 OCT.
Morning Eye	HOT CAKES	SAUSAGE &	2, 001.	FRENCH TOAST	WESTERN
Openers 2 2	SCRAMBLED	CHEESE	GRILLED	W/TWO EGGS &	OMELET
Openers	EGGS AND	OMELET	HAM, EGG &	BACON OR	HOME FRIES &
	BACON STRIPS	HOME FRIES	CHEESE w/home	SAUSAGE LINKS	2 PCS OF TOAST
	OR SAUSAGE	(2) TOAST	fries		
	LINKS \$2.50	\$2.75	\$2.50	\$2.50	\$2.75
Grilled	ITALIAN	GRILLED	Italian Meatball	Chicken Steak	Mushroom &
	CHEESE STEAK	PRETZEL	Hoagie w/pizza	Sub w/lettuce,	Swiss Burger
Greats	HOAGIE	SANDWICH w/Ham	Cheese	Tomato and Onion	
		& cheese \$2.85 Grilled Cheese			
	\$2.75	\$1.25			
		\$1.25	\$2.75	\$2.50	\$2.50
Healthy	SALAD BAR	SALAD BAR	SALAD BAR WITH	SALAD BAR	SALAD BAR
l	WITH FRESH	WITH FRESH	FRESH	WITH FRESH	WITH FRESH
Choice	VEGETABLES	VEGETABLES	VEGETABLES	VEGETABLES	VEGETABLES
	AND FRUIT	AND FRUIT	AND FRUIT \$.25 PER OUNCE	AND FRUIT	AND FRUIT
	# A5 DED OLDIGE	\$.25 PER OUNCE	\$.23 I ER OUTVEE	# A5 DED OLDIGE	# A5 DED OLDIGE
	\$.25 PER OUNCE			\$.25 PER OUNCE	\$.25 PER OUNCE
Specialty	FRIED CHICKEN	PIZZA	FRIED CHICKEN	PIZZA	FRIED CHICKEN
		PLAIN \$1.20	BREAST \$1.70	PLAIN \$120	
Station	BREAST \$1.70	PEPPERONI \$1.30	THIGH \$1.30	PEPPERONI \$1.30	BREAST \$1.70
43(23) <b>(25)</b>	THIGH \$1.30 LEG \$.80		LEG \$.80	Dagwood	THIGH \$1.30
	LEG \$.80 WING \$.60	Ham & Cheese	Baked Potato Bar	Sandwich	LEG \$.80 WING \$.60
	WING \$.00	<b>Kaiser \$2.90</b>	\$1.75	\$3.70	W114G ψ.00
Feature	GARDEN PEA	Buttered Corn	Sugar Peas	Green Beans	Macaroni & cheese
	SLICED	Whipped potatoes	Brussels Sprouts	Succotash	
Vegetables	CARROTS	W/gravy	Buttered Noodles	Buttered Noodles	Stewed Tomatoes
	SEASONED	Salad	Mashed Sweet	Whipped Potatoes	
	FRIES	Sliced beets	Potatoes	with gravy	Cole Slaw
Daily Special		Chicken	Chuck Wagon		
	CHEF'S	Spaghetti	Stew	Liver& onions	Ham Pot Pie
<b>\{</b>		Casserole W/ 2		W/choice of	W/ 1 Vegetable
		sides	\$4.25	two vegetables	\$3.95
	CHOICE	\$4.25		** *-	
		~ ~ .	~	\$3.95	- 1 a 1 vv/
Daily Special		Salisbury Steak	Ham Steak w/2	CHEF'S	Red fish W/
,	Baked Fish	w/gravy	Vegetables		Two Vegetables
	W/two Vegetables	w/choice of two			\$4.25
W. Aug. C	\$4.25	vegetables	\$4.25	CHOICE	
		\$4.25			
Carri	Cauliflower	Chicken Vegetable	Cream Potato	Spanish	Maryland Crab
Soup	Bowl \$1.50	Bowl \$1.50	Cup \$1.00	Bowl \$1.50	Bowl \$1.50
Du Jour	Cup \$ 1.00	Cup \$1.00	Cup \$1.00 Chili	Cup \$1.00	Cup \$ 1.00
	Chili	Chili	Bowl \$1.70	Chili	Chili
	Bowl \$1.70	Bowl \$1.70	Cup \$1.25	Bowl \$1.70	Bowl \$1.70
	Cup \$1.25	Cup \$1.25	•	Cup \$1.25	Cup \$1.25

## NSA MENU WEEK OF OCTOBER 6<sup>TH</sup> THROUGH 10<sup>TH</sup>

	Monday	Tuesday	Wednesday	Thursday	Friday
	06 OCT.	07 OCT.	08 OCT.	09 OCT.	10 OCT.
Morning Eye Openers	(2) Eggs (2) Bacon or (2) Sausage Links (2) Toast	BLUE BERRY PANCKAES w/bacon strips or Sausage Links	(2)Waffles (2) Eggs (2) Sausage links	HAM STEAK & Eggs w/Home Fries	FRENCH TOAST w/ two Eggs & Bacon or Sausage Links
	Home Fries \$2.50	\$2.50	\$2.50	and Toast \$2.75	\$2.50
Grilled Greats	Grilled cheese with bacon \$2.75 add French Fries \$ .75	TURKEY BURGER \$2.35	Grilled Roast Beef \$2.75	ITALIAN CHEESE STEAK HOAGIE \$2.75	GRILLED TUNA MELT \$2.50
Healthy Choice	SALAD BAR WITH FRESH VEGETABLES AND FRUIT  \$.25 PER OUNCE	SALAD BAR WITH FRESH VEGETABLES AND FRUIT \$.25 PER OUNCE	SALAD BAR WITH FRESH VEGETABLES AND FRUIT \$.25 PER OUNCE	SALAD BAR WITH FRESH VEGETABLES AND FRUIT  \$.25 PER OUNCE	SALAD BAR WITH FRESH VEGETABLES AND FRUIT  \$.25 PER OUNCE
Cnasialtu	FRIED CHICKEN	PIZZA	Potato Bar \$1.75	PIZZA	FRIED CHICKEN
Specialty Station	BREAST \$1.70 THIGH \$1.30 LEG \$.80 WING \$.60	Chicken Salad Sub \$2.70	FRIED CHICKEN BREAST \$1.70 THIGH \$1.30 LEG \$.80 WING \$.60	Turkey Bacon Club \$3.70	BREAST \$1.70 THIGH \$1.30 LEG \$.80 WING \$.60
Feature Vegetables	Tossed Salad Collard greens Potato Salad	Buttered Corn Spinach Whipped Potatoes w/gravy Colonial Style Cabbage	Glazed Carrots Macaroni & Cheese Stewed Tomatoes Onion rings	Mashed Potatoes & Gravy Peas Red Beets Toss Salad	Chef's choice
Daily Special	Baked spaghetti With garlic toast \$3.95	Chef's Special	PORK BARBECUE SANDWICH W/ONE VEGETABLE \$3.95	Hot Turkey Sandwich w/two vegetables \$4.25	TUNA CASSEROLE W/one VEGETABLE \$3.95
Daily Special	Barbecue Chicken w/two vegetables \$4.25	STUFFED CHICKEN BREAST W/choice of two vegetables \$4.25	Batter Dipped Fish W/two vegetables	BAKED LASAGNA W/garlic toast \$3.95 W/salad \$4.25	Chef's Choice \$3.95
Soup Du Jour	Chicken Corn Bowl \$1.50 Cup \$1.00 Chili Bowl \$1.70 Cup \$1.25	Potato Bowl \$1.50 Cup \$1.00 Chili Bowl \$1.70 Cup \$1.25	Macaroni Beef Bowl \$1.50 Cup \$1.00 Chili Bowl \$1.70 Cup \$1.25	Ham & Bean Bowl \$1.50 Cup \$1.00 Chili Bowl \$1.70 Cup \$1.25	Seafood Bisque Bowl \$1.50 Cup \$1.00 Chili Bowl \$1.70 Cup \$1.25

## NSA MENU WEEK OF OCTOBER 13<sup>TH</sup> THROUGH 17<sup>TH</sup>

	Monday	Tuesday Wednesday		Thursday	Friday
	13 OCT.	14 OCT.	15 OCT.	16 OCT.	17 OCT.
Morning Eye		HOT CAKES	51.1	FRENCH TOAST	WESTERN
Openers		SCRAMBLED	Blueberry	W/TWO EGGS &	OMELET
(3) (7)	COLUMBUS	EGGS & BACON STRIPS OR	Waffles	BACON OR SAUSAGE LINKS	HOME FRIES & 2 PCS OF TOAST
	DAY	SAUSAGE LINKS	\$2.50	SAUSAGE LINKS	2 FCS OF TOAST
		\$2.50	Ψ2.50	\$2.50	\$2.75
C :11 1		1/3 lb. Bacon	CHEESEBURGER		
Grilled	COLUMBUS		HOAGIE	1/3 <sup>rd</sup> lb	
Greats	DAY	Cheese	\$2.75	Cheddar	PATTY MELT
	<i>D</i> /11	Burger	*	Burger	
		\$2.75	add French Fries	\$2.75	\$2.75
			\$ .75		
Healthy		SALAD BAR	SALAD BAR WITH	SALAD BAR	SALAD BAR
	COLUMBUS	WITH FRESH	FRESH	WITH FRESH	WITH FRESH
Choice	DAY	VEGETABLES	VEGETABLES AND FRUIT	VEGETABLES	VEGETABLES
		AND FRUIT	\$.25 PER OUNCE	AND FRUIT	AND FRUIT
		\$.25 PER OUNCE		\$.25 PER OUNCE	\$.25 PER OUNCE
Specialty		PIZZA	FRIED CHICKEN	PIZZA	FRIED CHICKEN
Station	COLUMBUS			Turkey	
Station	DAY	Roast Beef &	Baked	•	BREAST \$1.70 THIGH \$1.30
		Cheese on a	Potato Bar	Club	LEG \$.80
		Croissant	\$1.75	\$3.70	WING \$.60
		\$2.75	Φ1.73		M. 137 (11
Feature	COLUMBUS	Parsley Potatoes	Mexican Rice	Brussel Sprouts	Mixed Vegetables
Vegetables	DAY	Green Beans	Wiexican Rice	Corn	Cole slaw
	DAI	Steamed Rice	D 4	Whipped Potatoes	Cole sian
		Wax beans	Beets	w/gravy	French Fries
Daily Special			TACO	CHICKEN	SPAGHETTI
Buily Special	COLUMBUS	VEGETABLE	SALAD	POT PIE	&
S	DAY	Stir Fry	(served in a 12"	\$3.95	MEATBALLS
		Over Rice	tortilla shell)		\$3.95
		\$4.00			
D 11 0 1 1		D 1	\$4.25	DAKED MEAT	
Daily Special		Bombay	CHEELC	BAKED MEAT	EIGH 0
	COLUMBUS	Chicken	CHEF'S	LOAF	FISH &
1000	DAY	W/two	СНОІСЕ	w/choice of two vegetables	FRIES
	DAI	Vegetables		vegetables	0.4.5
		\$4.25		\$3.95	\$4.25
Soup		CHICKEN	SOUTHWEST	BEEF NOODLE	CLAM
Du Jour		NOODLE	BEAN David \$1.50	Bowl \$1.50	CHOWDER
Du Juuj	COLUMBUS	Bowl \$1.50	Bowl \$1.50 Cup \$1.00	Cup \$ 1.00	Bowl \$1.50
	DAY	Cup \$ 1.00 Chili	Cup \$ 1.00 Chili	Chili Bowl \$1.70	Cup \$ 1.00
		Bowl \$1.70	Bowl \$1.70	Cup \$1.25	Chili Bowl \$1.70
		Cup \$1.76	Cup \$1.25	Cup \$1.23	Cup \$1.25
		V1.25		I	r

* not available in bldg. 407					
		NSA	<b>MENU</b>		
	WEEK OF OCTOBER 20 <sup>TH</sup> THROUGH 24 <sup>TH</sup>				
	Monday	Tuesday	Wednesday	Thursday	Friday
16 1 7	20 OCT.	21 OCT.	22 OCT.	23 OCT.	24 OCT.
Morning Eye Openers	Spanish Omelet W/Home Fries And Toast	HOT CAKES SCRAMBLED EGGS & BACON STRIPS OR SAUSAGE LINKS	YUMMY \$2.15	FRENCH TOAST W/TWO EGGS & BACON OR SAUSAGE LINKS	WESTERN OMELET HOME FRIES & 2 PCs OF TOAST
	\$2.75	\$2.50		\$2.50	\$2.75
Grilled Greats	Italian Steak \$2.75	Cheddar burger W/ bacon & sautéed onions	Pork Barbecue Sandwich \$2.75	Cowboy Burger Grilled mushrooms & onions, bacon, & Monterey Jack cheese \$2.75	Home Made Crab Cake Sandwich \$2.50
Healthy Choice	SALAD BAR WITH FRESH VEGETABLES AND FRUIT \$.25 PER OUNCE	SALAD BAR WITH FRESH VEGETABLES AND FRUIT \$.25 PER OUNCE	SALAD BAR WITH FRESH VEGETABLES AND FRUIT \$.25 PER OUNCE Baked potato bar \$1.75	SALAD BAR WITH FRESH VEGETABLES AND FRUIT \$.25 PER OUNCE	SALAD BAR WITH FRESH VEGETABLES AND FRUIT \$.25 PER OUNCE
Specialty	FRIED CHICKEN	PIZZA	FRIED CHICKEN	PIZZA	FRIED CHICKEN
Station	BREAST \$1.70 THIGH \$1.30 LEG \$.80 WING \$.60	Cold Meatloaf Sandwich \$2.70	BREAST \$1.70 THIGH \$1.30 LEG \$.80 WING \$.60 Baked potato bar \$1.75	Italian Hoagie \$3.45	BREAST \$1.70 THIGH \$1.30 LEG \$.80 WING \$.60
Feature Vegetables	Salad Chefs Choice Steamed Broccoli	Peas Sliced Carrots Stewed Tomatoes Buttered Noodles	Macaroni &Cheese Buttered Corn Mixed Vegetables Stewed Tomatoes	Mashed Potatoes With Gravy Garden Peas Buttered Corn Bread Stuffing	Chef's Choice Tossed Salad Zucchini & Tomatoes
Daily Special	CHEF"S CHOICE	Beef Stroganoff \$4.25	BATTER BAKED FISH W/choice of two Vegetables \$4.25	CHEF'S CHOICE	Chicken stuffing casserole With one vegetable \$4.25
Daily Special	Yakisoba With Two vegetables \$4.25	Pork Chop W/ two vegetables \$4.25	CHEF'S CHOICE	Roast Turkey W/choice of two Vegetables \$4.25	Shrimp Jambalaya \$4.25
Soup Du Jour	Cream of Broccoli Bowl \$1.50 Cup \$1.00 Chili Bowl \$1.70 Cup \$1.25	Turkey Noodle Bowl \$1.70 Cup \$1.25	Barley Chicken Chili Bowl \$1.50 Cup \$1.00 Chili Bowl \$1.70 Cup \$1.25	Chicken Noodle Bowl \$1.50 Cup \$1.00 Chili Bowl \$1.70 Cup \$1.25	Du Jour Bowl \$1.50 Cup \$1.00 Chili Bowl \$1.70 Cup \$1.25